



Family Night

Family Night is an activity and discussion-based, multi-family meeting designed to get you and your kids involved, having fun, and talking about life's challenges.

When:

Second Tuesday of Every Month from 6:00 to 7:30 pm

Where:

Behavioral Health Services Clinic, 891 Mountain Ranch Rd

(This is a NEW location; the Clinic is the Last Modular Building to the Right of the Red Barn Entrance of the Government Center in San Andreas)

Topics Include:

Responsibility & Accountability
Listening & Communication
Implementing Change
Co-Dependency
Resolving Conflict
Setting Realistic Goals
Managing Stress
Compassion & Gratitude
Courage to Change
...and much more!

Free to the Public • Refreshments Served
Co-facilitated by John Van Dyck and Susan Rezin

For more information, please call (209-754-6555 or 209-754-6525).
Sponsored by Calaveras County Behavioral Health Services and funded by the Mental Health Services Act.

Resources for Parents and Community Members

The following websites are resources for Parents and Community Members to learn more about drugs and addiction. Several of them also have tips on how to talk to kids about drugs and general information on drug treatment services.

<http://www.drugfree.org/>

http://timetoact.drugfree.org/shadowbox/ebooks/Intervention_Guide.pdf

http://timetoact.drugfree.org/shadowbox/ebooks/Treatment_Guide.pdf

<http://www.theantidrug.com/drug-information/>

http://www.health.nsw.gov.au/mhcs/publication_pdfs/5910/VIC-5910-ENG.pdf

<http://parentingteens.about.com/>

<http://www.higheredcenter.org/>

<http://www.jointogether.org/>

<http://www.PrevenTragedy.com/>